EMSP Newsletter

EUROPEAN MULTIPLE SCLEROSIS PLATFORM

It is our great pleasure to invite you to **the EMSP 2020 Annual Conference taking place from 7-9 May 2020** in Hotel Meliá Barajas in Madrid, capital of Spain. This year's Annual Conference is organised in partnership with the Spanish MS Society (Esclerosis Multiple España – EME).

The theme of the 2019 EMSP Annual Conference is:
Understanding Progressive Multiple Sclerosis.

Before the official conference kick-off, we will have the great pleasure to receive our **member organisations** for **closed sessions on Thursday, 7th May 2020.**

On the 8th and 9th May the conference is open for the valuable participation of anyone interested, representing another milestone towards our common goal to improve the quality of life of people with MS in Europe.

Please visit **emspconference.org** to stay up to date with the latest developments around the conference and do not forget to mark the date in your calendar.

Our Projects

'Addressing the unmet needs of Paediatric MS Caregivers' Campaign

On 20th November, World Children Day, we published our **report** to shed light on the **unmet needs of paediatric MS caregivers**.

In order to drive the European Union and the national governments in Europe to reform the health and social care systems to address these unmet needs, **we've launched a petition**.

Please **sign & share this petition far and wide**, in order to ensure that the highest possible number of signatures reaches the EU institutions and the European governments.

Read the report

Sign the petition

Nose-to-Brain-patch Interviews during ECTRIMS

During ECTRIMS 2019 in Stockholm, we tried to find out more about the patient perspective towards the Nose-to-Brain-patch (N2B-patch) EU funded research project. We interviewed several patient representatives and people living with Multiple Sclerosis to learn more about expectations. Here are the 4 most important things you should know:

- **Patient expectations from the N2B-patch project**
- **Patient expectations from MS researchers**

How patient representatives think a device like N2B-patch could address the challenges posed by currently available treatments

What patients would like to say to researchers working on the N2B-patch device

The videos are currently available with subtitles in **English**. They will be soon available with **Spanish, Polish, Portuguese, Greek, German, Romanian, Latvian and Croatia**n subtitles too.

Young people's Network 2.0 Advocacy skills training

From the 27th to the 29th of September, EMSP organised an advocacy training workshop in Luxembourg, for the Young People's Network members.

The workshop aimed to help young MSers develop the skills and acquire the knowledge to effectively run awareness and advocacy campaigns. These campaigns will support the MS communities at local level.

Read more

Events

MS Sessions '19

This year EMSP in collaboration with Shift.ms organised the 2nd volume of the MS Sessions! A festival aiming to bring together young MSers from all over Europe.

More than 170 newly diagnosed young MSers gathered up in the beautiful Bucharest for 2 days: sharing knowledge, inspiring each other, learning about MS and most importantly meeting peers and building the MS community!

Read more

EMSP Annual Conference 2019

A 'to-go-to' meeting for patients, healthcare professionals, industry, patients' organisations, policy decision-makers and key opinion leaders in the field of Multiple Sclerosis (MS).

#EMSP2019 was a special edition for us, since the organisation also celebrated its 30th Anniversary. Today we are announcing #EMSP2020 with a flashback to and summary report about our last conference earlier this May.

Read more

What we learned at ECTRIMS 2019 – Part 2

What were the main take-aways of the largest multiple sclerosis research meeting of the world? We collected some of the breaking 🔥 🔬 research news for the European MS Community. In this second part we were focusing on stem cell therapy and remyelination.

Learn more

MS in Europe

MS Nurse PRO launched in Portugal

On 6 December, 2019, the European Multiple Sclerosis Platform and the Portuguese MS Society launched the **MS Nurse PRO** online training programme for specialized MS Nurses in Portugal.

From now on Portuguese nurses who care for people with multiple sclerosis (MS) will be able to benefit from the online training in their own language.

Read more

Stop MS: MS Society UK launches its biggest

In October the MS Society UK publicly launched its biggest-ever fundraising appeal – the Stop MS Appeal. The Appeal is aiming to raise £100 million over ten years to find treatments for everyone with MS.

Would you like to know how they did it?

Read more

MS recipe book developed in Greece

On 13th November 2019 the Pan-Hellenic Federation of Multiple Sclerosis (POAMSKP) organized a Press Conference for Health Reporters to present the "Nutrition in Multiple Sclerosis - 20 recipes by Dina Nikolaou" recipe book.

The recipe book was developed in line with the international guidelines for Multiple Sclerosis.

Read more

Scan for change – Belgian MS Ligue joins nation-wide Bancontact Payconiq campaign

What does 2 euro represent for you? A cup of coffee? Your daily newspaper? A quick drink after work? For many of us, 2 euro is just a small amount you might pay as part of your daily ritual. But for people, 2 euro can make a big difference.

With this in mind, the Bancontact Payconiq company, in conjunction with 19 Belgian charities, including the Belgium Multiple Sclerosis Ligue, launched the Scan for Change campaign in Belgium.

Read more

News from our Partners

Rethinking MS in Europe

On 3 December, Interenational Day of Persons with Disabilities, the **European Brain Council (EBC)** and the **Health Policy Partnership (HPP)** launched RETHINKING MS, a new project calling for change in how MS care and support is organised.

RETHINKING MS aims to create greater visibility for the unmet needs experienced by people with MS, with a particular focus on three key areas:

1. Timely diagnosis and personalised treatment;
2. Interdisciplinary and coordinated care; and
3. Adaptable support in daily life, including rehabilitation and social protection.

Learn more

Interactive EMA timeline about the journey of medicine

The European Medicines Agency (EMA) has recently published an interactive timeline describing the journey of a medicine for human use authorised through EMA, from initial research to discussions on patient access to medicines across the EU.

The information provided in this interactive tool is based on a booklet EMA published earlier this year, which is currently available only in English, but it will also be available in all EU languages in 2020.

Learn more

Information guide on biosimilars for healthcare professionals in all EU languages

As part of the ongoing EMA-European Commission collaboration to improve understanding of biosimilar medicines in the EU, EMA has published an **information guide on biosimilars for healthcare professionals in 15 additional EU languages**.

It now includes Bulgarian, Czech, Danish, Greek, Estonian, Finnish, Croatian, Hungarian, Lithuanian, Latvian, Maltese, Romanian, Slovak, Slovenian and Swedish.

These educational materials on biosimilars, as well as the link to the Q&A for patients, can be found on **EMA's webpage on biosimilar medicines**.

WHO study on what Patients in Europe value in care

In collaboration with the World Health Organisation (WHO), Tilburg University and Vilans have launched a European survey researching what values matter to different people in integrated health services.

The survey is available **until 31 December** in English and will take no more than approximately 10-15 minutes to complete.

Please complete this survey or spread the word.

Access the survey here

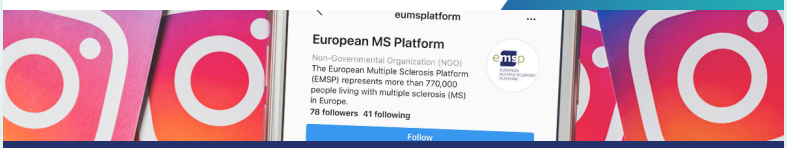
Coming Up

4-5 May 2020 – Brussels | **2nd EU Health Summit**

7-9 May 2020 – Madrid | **#EMSP2020 Annual Conference**

DECEMBER 2019

The voice of people with MS in Europe



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