What is the EMSP Young People’s Network?
The YPN is a network of young people with MS. They are passionate about changing society and making a positive impact on the lives for young people with MS.

When did it all begin?
The YPN began in 2010 at the first EMSP Young People’s Conference in Stuttgart. A future-thinking person sponsored young people with MS from across Europe to travel, meet & develop ideas to deal with the challenges of living with MS.

Who is in the Network?
Young people (18–35) who have been diagnosed with multiple sclerosis, who live in Europe and who are interested in making their Europe a better place for people with MS. Is this sounds like you, see the next point.

How do I take part?
Contact the European Multiple Sclerosis Platform, tell us about yourself, what you do in your local community or the ideas you have for people with MS in your country.

Contact
Elisabeth Kasilingam
EMSP Managing Director
elisabeth.kasilingam@emsp.org
The lives and futures of young people with MS matter.

A better life is possible for young people with MS.

We work to positively change existing social, medical and care systems for young people with MS.

It is our right and responsibility to make these changes.

We meet people where they’re at in their lives.

We support one another and we work to overcome biases and prejudices together.

It is our right to define ourselves, to celebrate our lives & to speak out about injustices.

We are dedicated to education, self-realisation and pedagogical practices that make us better versions of ourselves.

We share our knowledge and experience willingly.

We exist to take action, to change attitudes and to stand in solidarity with the world-wide MS Community.