Challenges for MS Nurses

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Disparity of:

• Access

• Availability

• Standards of specialised MS nursing care across Europe
MS Nurses as Champions and Leaders

• Create standards for MS care in the region

• Work with patients and stakeholders to create and test new models of care

• Champion effective communication systems and data collection in practice
Clinical Commissioning Groups

1. NHS Barnet
2. NHS Camden
3. NHS Islington
4. NHS Enfield
5. NHS East and North Herts
6. NHS Haringey
7. NHS City and Hackney
8. NHS Tower Hamlets
9. NHS Newham
10. NHS Waltham Forest
11. NHS Barking and Dagenham
12. NHS Redbridge
13. NHS Havering
14. NHS Herts Valley
1. University College London Hospitals NHS FT (Queen Square)
2. Royal Free London NHS FT (and Barnet and Chase Farm Hospital)
3. Bart’s Health NHS Trust (and Whipps Cross and Newham hospitals)
4. Barking, Havering and Redbridge NHS Trust
5. Homerton Hospital NHS FT
6. Whittington Hospital NHS Trust
7. North Middlesex University Hospital NHS Trust
Collect evidence

ICD-10

INTERNATIONAL CLASSIFICATION OF DISEASES

ICD-10 is a new code set for reporting medical diagnoses & inpatient procedures.
Key Messages:

• Admissions and costs are increasing across region

• Numbers of people admitted for a day are increasing

• Patients travel a lot across the region
• The main reason that people with MS had unplanned admission was for treatment of urinary tract infections.

• The costs of urinary tract infections in 2012/13 potentially attributed to people with MS was huge.

• These costs are only for patients admitted into the hospital – other costs such as social care, days off work etc are not quantifiable.
What were the top 20 conditions that people with MS needed unplanned admissions for?

- Generalized idiopathic epilepsy and epileptic
- Disorientation, unspecified
- Unspecified haematuria
- Pain in joint
- Gastroenteritis and colitis of unspecified origin
- Retention of urine
- Volvulus
- Chest pain, unspecified
- Chronic obstruct pulmonary dis with acute...
- Other specified soft tissue disorders
- Headache
- Epilepsy, unspecified
- Other and unspecified convulsions
- Tendency to fall, not elsewhere classified
- Mechanical complication of urinary...
- Constipation
- Lobar pneumonia, unspecified
- Unspecified acute lower respiratory infection
- Pneumonitis due to food and vomit
- Urinary tract infection, site not specified
How much did these unplanned admissions cost

- [G500] Trigeminal neuralgia
- [Z755] Holiday relief care
- [A419] Septicaemia, unspecified
- [R410] Disorientation, unspecified
- [T830] Mechanical complication of urinary system
- [S720] Fracture of neck of femur
- [C509] Malignant neoplasm of breast, unspecified
- [K562] Volvulus
- [L031] Cellulitis of other parts of limb
- [A099] Gastroenteritis and colitis of unspecified site
- [M169] Coxarthrosis, unspecified
- [J440] Chronic obstruct pulmonary dis with acute cor
- [T840] Mechanical complication of internal joint
- [R296] Tendency to fall, not elsewhere classified
- [R268] Other and unspecified abnormalities of gait
- [K590] Constipation
- [J181] Lobar pneumonia, unspecified
- [J690] Pneumonitis due to food and vomit
- [J22X] Unspecified acute lower respiratory infection
- [N390] Urinary tract infection, site not specified
Patient & Service Co-Design

MS Nurses leading user involvement co-design

Develop stakeholder best practice statements
We're In Your Shoes
Welcome to
BRILLIANT BOROUGH
Freddie Yauner and Bernadette Porter

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Can we create health toolkits that empower patients?
Confidence College

Is it a Relapse?
You are the expert of your body and how it feels - learn how to recognise a Relapse

Know your Bladder
Watch our films that teach you about the bladder, Urinary Tract Infections and MS

Better plans Better care
Make sure your needs are at the centre of conversations about your care

NHS England
Neuro Response
Shift.ms
CREATE NEW MODELS OF CARE

STAGE 1: ELECTRONIC CRISIS MANAGEMENT PLAN

24/7 Access

NHS 111 Telephone Triage

NeuroResponse

Electronic Care Records

These records contain a crisis management plan for:

- Acute Relapse
- Urinary Tract Infection
URINARY TRACT INFECTION CRISIS MANAGEMENT PLAN

EDUCATION
Provide education to maintain a healthy bladder

INCREASE CONFIDENCE
Increase confidence of individuals with MS to detect urinary tract infections

URINARY TRACT INFECTION DETECTION METHODS

Self Assessment Tool  Dipstick Urinalysis @ Home  Triage Pathway
URINARY TRACT INFECTIONS

NEURORESPONSE AND 111 PROVIDE TRIAGE PATHWAY

1. COURIER
   Courier to collect specimen

2. LAB
   Receive Laboratory results

3. TREATMENT
   Deliver bespoke antibiotics

4. OUTCOMES
   Collect outcome measure

5. RESEARCH
   Signpost to UTI research trials