

# Brain health: time matters in MS

Gisela Kobelt

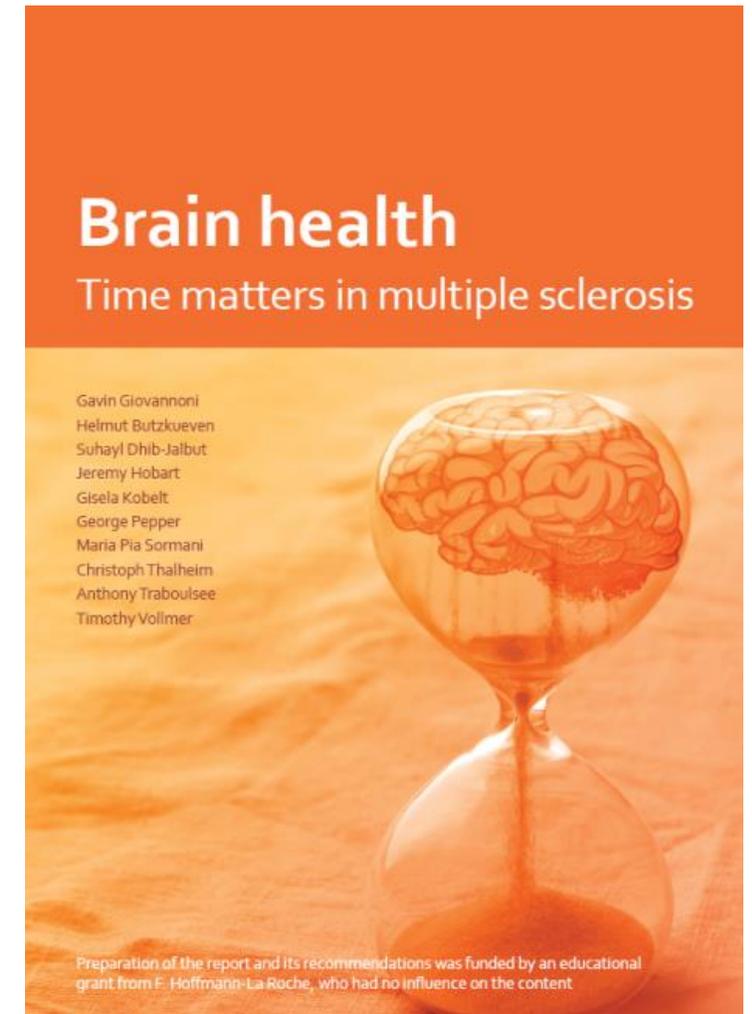
Preparation of *Brain Health: time matters in multiple sclerosis* and its recommendations was funded by an educational grant from F. Hoffmann-La Roche, who had no influence on the content

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# Report published October 2015

- Importance of brain health in MS and the need for urgency at every stage of the disease
- Evidence-based international consensus recommendations
  1. Diagnosis
  2. Monitoring and therapeutic strategies; brain healthy life style
  3. Generating and consulting robust evidence



# Endorsement from professional societies and advocacy groups



And we are pleased to announce...

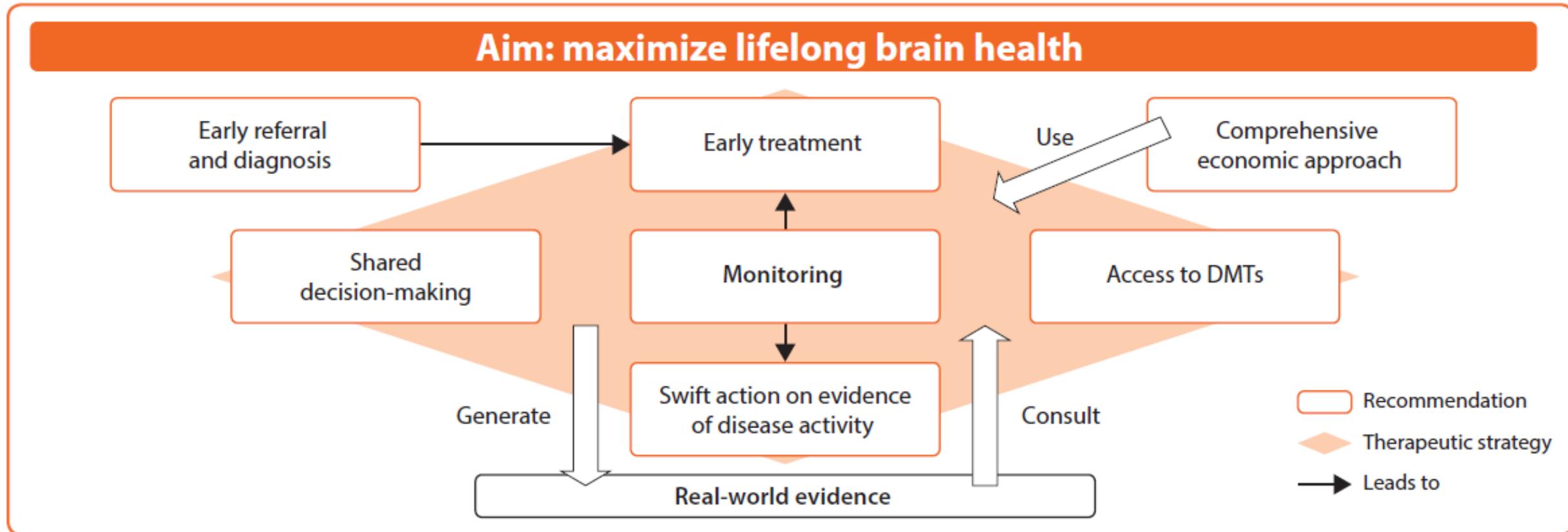




# MS Brain Health – key activities and resources

- Report launched at ECTRIMS 2015 and published online:  
**[www.msbrainhealth.org/report](http://www.msbrainhealth.org/report)**
- Recommendations presented globally to **healthcare professionals**
  - Scientific conferences; ‘brain health champions’ identified in **five continents**
- MS Brain Health message reaching **people with MS** via:
  - MS Brain Health newsletter and website ([www.msbrainhealth.org](http://www.msbrainhealth.org))
  - Twitter ([@MSBrainHealth](https://twitter.com/MSBrainHealth))
  - Events at conferences
- Slide deck and short guide for people with MS coming soon!
  - These highlight the most relevant recommendations

# Brain health: time matters in multiple sclerosis recommendations

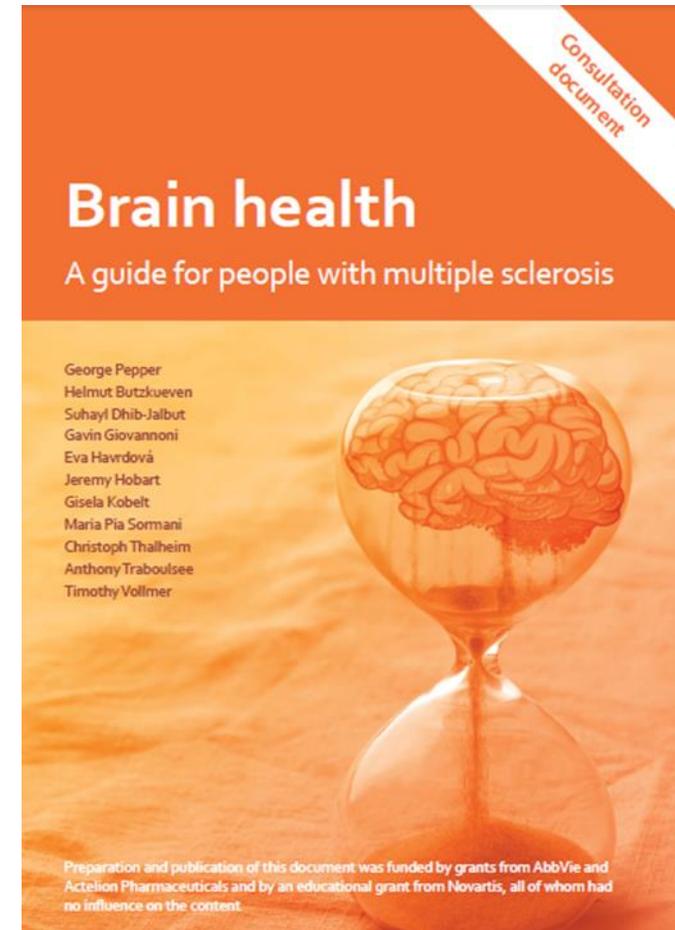


A therapeutic strategy based on regular monitoring and generating robust real-world evidence

# Your feedback is requested – Wednesday morning!



- We invite you to learn more about MS Brain Health at 11:10 am tomorrow, during **Parallel Session III**
- Eva Havrdová will present the **slide deck** developed for people with MS
- Consultation copies of the **short guide** will be available
- You can take part in a short questionnaire and an online survey



# Time matters in MS: Early intervention with the most appropriate agents



## ■ Parallel session III, 11:10–12:30, Wednesday 18 May 2016

11:10	<b>Øivind Torkildsen</b> Haukeland University Hospital, Bergen	The need for early intervention: a clinician's perspective
11:40	<b>George Pepper</b> Shift.ms	The importance of early intervention: an MSer's perspective
11:50	<b>Eva Havrdová</b> Charles University in Prague	Brain health: a guide for people with multiple sclerosis
12:10	<b>All</b>	Questions and answers
12:20	<b>Christoph Thalheim</b> EMSP	Could you be a local MS Brain Health advocate?

# Thank you

Parallel session III, 11:10–12:30, Wednesday 18 May 2016



MS Brain Health  
Time Matters